

OCTOBER 2016

EDUCATION AND CHILDREN SERVICES

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY5
В	3	4	5	6	7
-	CEREAL/FRUIT CUP/ MILK	FR. TOAST/ORANGE/MILK	CROISSANT/APRICOTS/MILK	MUFFIN/FR.COCTAIL/MILK	PANCAKE/FRUIT/MILK
L	HAM/CHEESE/ROLL/POTATO	CHIC-BROC-RICE/VEGGIE	SLOPPY JOE/BUN/MIX VEG/	REFRIED BEANS/TORTILLA/	CHICKEN/ROLL/VEG BLEND
-	SALAD/APPLE/MILK	BLEND/PEAR/MILK	BANANA/MILK	CHEESE/KEY WEST/KIWI/MILK	PINEAPPLE/MILK
S	CHEX MIX/MILK	SB & JELLY ROLLUP/MILK-HS	BOILED EGG-HS/APPLE	SB & CELERY (HS)/JUICE	GOLDFISH/MILK
•		EHS-ANIMAL CRACKERS/MILK	EHS-CRACKERS/APPLE	EHS- CEREAL BAR/JUICE	
В	10/	11/	12/	13/	14/
	OATMEAL/FRUIT CUP/MILK	CEREAL BAR/TR. FRUIT/MILK	CINN. TOAST/PEARS/MILK	PANCAKE/PINEAPPLE/MILK	EHS/LATE START NO B/F
L	TURKEY CHEESE/SUB BUN	BAKED ZITI/ITALIAN VEGGIE	S/S CHICKEN/MALIBU VEG	TURKEY HAM & BEANS	CHICKEN LASAGNA
	SNAP PEAS/ORANGE/MILK	APPLE/MILK	MAN.ORANGES/	CORNBREAD/BERRIES/MILK	CUCUMBERS/PEAR/MILK
	EHS-PEAS/FRUIT		BREADSTICK/MILK		
S	BUG BITES/MILK	CORN CHIPS/SALSA/MILK	CRACKERS/CHEESE/WATER	YOGURT/BANANA/WATER	FRUIT CUP/MILK
		EHS-TORTILLA			
В	17/	18/	19/	20/	21/
	CEREAL/FRUIT CUP/MILK	TOAST/APPLE//MILK	WAFFLE/PEACHES/MILK	OATMEAL/PEACHES/MILK	
L	CHICKEN SALAD/CROISSANT/	TURKEY CHILI/CORN BREAD	SPAGHETTI W/MEATBALLS	FISH SLIDERS/ROLL/BERRIES	NO SCHOOL
-	BEETS/FR.COCKTAIL/MILK	ORANGE/MILK	SALAD/DRESSING/PEAR/MILK	COLESLAW/MILK	ALL DAY TRAINING FOR
		EHS-FRUIT	EHS-CUCUMBERS		STAFF
S	CHEEZ-ITS/JUICE	GRAPES(HS)/CHEESE/WATER	BOILED EGG(HS)/CRACKERS	CINN.TOAST/MILK	
		EHS-FRUIT	EHS-CHEESE		
В	24/	25/	26/	27/	28/
-	OATMEAL/FRUIT CUP/MILK	FR.TOAST/KIWI/MILK	ENG.MUFFIN/PEACHES/MILK	BAGEL/MELON/MILK	WAFFLE/FRUIT/MILK
L	ROAST BEEF/CHEESE/ROLL	TURKEY STEW/CORN BREAD	TURKEY SAUSAGE/CHEESE	ITALIAN CHICKEN/ROLL	MAC & CHEESE/PEAS
	CARROTS/APPLE/MILK	ORANGE/MILK	BISCUIT/SWEET POT.PUFFS	MASH POT/GRAPES/MILK	PINEAPPLE/MILK
		EHS-FRUIT	PEAR/MILK	EHS-FRUIT	
S	ANIMAL CRACKERS/MILK	SNAP PEAS(HS)/CRACKERS	BUG BITES/JUICE	CHEERIOS/BANANA/WATER	CUCUMBERS/JUICE
•		EHS-CHEESE			
В	31/				
	CEREAL/FRUIT CUP/MILK				
L	SB/JELLY/BREAD/CELERY/APPLE				
	MILK EHS-TURKEY/VEGGIE				
S	CHEX MIX/JUICE				

*B-BREAKFAST

L-LUNCH

S-SNACK

Monthly calendars are given to families showing meal plans in advance. Any changes in the food/meals to be served will be made to the posted menu in the classroom and available for the families to review daily. If class is canceled on one day, we may serve that day's meal on the following day, if it still meets our health and safety guidelines. In accordance with Federal law and USDA policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability. This institution is an equal opportunity provider and employer.